



فدراسیون دو و میدانی جمهوری اسلامی ایران
ATHLETICS FEDERATION
I.R.of IRAN

Iran Athletics Clubs Championships Results – Women

Third Leg

3 & 4 Oct 2020

Broken Records:

- Mahsa Mirzatabibi – Pole Vault – 4:02m (NR)
- Zahra Arab Rostami – Hammer Throw – 57.33m (NR)
- Parisa Arab – 10000m & 5000m – 36:08.54 (NR), 17:14.44 (NR)
- Fatemeh Mohitizadeh – Heptathlon – 4369 (NJR) & (100m Hurdles NYR)
- Fatemeh Sima Shadkam – 3000m Steeplechase – 11:23.56 (NJR)
- Hadiseh Raouf – 800m – 2:15.93 (NYR)

Full results and standings:

100m: (Wind: -1.3)

1. Farzaneh Fasihi – Sepahan – 11.87
2. Delnia Bigomjani – Persian Gulf Polyemr – 12.41
3. Sanaz Amiripour – Azad University – 12.54
4. Farnoosh Aghaee – Persian Gulf Polymer – 12.78
5. Sara Nadafi – Azad University – 13.04
6. Zakieh Mardani – Tehran – 13.12
7. Zahra Ramezani – Mazandaran – 13.43 (Wind: -1.8)
8. Faezeh Ashourpour – Sepahan – 13.62

Pole Vault:

1. Mahsa Mirzatabibi – Persian Gulf Polymer – 4.02m (NR) & (CR)¹
2. Samira Kord Ali – Sepahan – 3.40m
3. Kimia Farahani – Tehran – 2.70m

¹ CR indicates Clubs Record.



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200m:

1. Farzaneh Fasihi – Sepahan – 24.26 (*Wind: -1.1*)
2. Farnoosh Aghaee – Persian Gulf Polymer – 25.52 (*Wind: -1.1*)
3. Zahra Moradi – Persian Gulf Polymer – 25.58 (*Wind: -1.1*)
4. Sanaz Amiripour – Azad University – 25.66 (*Wind: -1.1*)
5. Mahtab Kiani – Selector – 26.55 (*Wind: -1.3*)
6. Zakieh Mardani – Tehran – 26.74 (*Wind: -1.3*)
7. Reyhaneh kazemi – Hormozgan – 26.91 (*Wind: -1.1*)
8. Faezeh Asourpour – Sepahan – 26.92 (*Wind: -1.3*)

100m Hurdles: (*Wind: -1.9*)

1. Sara Nadafi – Azad University – 14.81
2. Narges Rastegar – Tehran – 16.23 (*Wind: -2.6*)
3. Pardis Abdolmohammadi – Azad University – 16.29
4. Shahla Mahmoudi – Sepahan – 16.41
5. Mohadeseh Ebrahimpour – Persian Gulf Polymer – 17.33
6. Samira Kord Ali – Sepahan – 17.95
7. Fatemeh Barghikar – Selector – 19.89
8. Pardis Rahimi – Persian Gulf Polymer – 19.99

High Jump:

1. Mahsa Karegar – Sepahan – 1.68m
2. Mahdieh Zaeemi – Azad University – 1.68m
3. Mina Hosseini – Selector – 1.65m
4. Aylin Babaki – Azad University – 1.65m



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Shot Put:

1. Melina Rezaee Malek – Selector – 11.91m
2. Sepideh Tavakoly Nik – Azad University – 11.65m
3. Mobina Taherkhani – Persian Gulf Polymer – 11.46m
4. Jaleh Kardan – Sepahan – 11.08m
5. Hadis Ghasisin – Selector – 9.56m
6. Zohreh Dadkhah – Isfahan – 8.76m
7. Sadaf Asgarian – Lorestan – 5.59m

10000m Race Walk:

1. Zeynab Ahadi – Sepahan – 56:38.7
2. Zahra Jafar Abadi – Azad University – 55:59.5
3. Mahshad Far Mahini – Selector – 01:02:55.8
4. Maliheh Bakhti – Azad University – 01:03:14.7
5. Mohadeseh Oladi – Tehran – 1:10:42.7
6. Zahra Aboutaleb – Qom – 1:27:09.2

3000m Steeplechase:

1. Fatemeh Nasr – Sepahan – 11:20.01
2. Fatemeh Sima Shadkam – Persian Gulf Polymer – 11:23.56 (NJR)
3. Samira Khodatars – Persian Gulf Polymer – 11:45.08
4. Farahnaz Rayzan – Sepahan – 12:20.55
5. Elaheh Sinakae – Tehran – 12:41.12
6. Zahra Shafi'ee – Azad University – 13:32.11
7. Mahsa Agha Ghaffari – Selector – 14:04.00

4x400m relay:

1. Sepahan – 3:55.39
2. Persian Gulf Polymer – 4:11.41
3. Azad University – 4:14.11
4. Tehran – 4:22.51



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800m:

1. Maryam Mahmoudi – Sepahan – 02:12.63 (CR)
2. Toktam Dastarbandan – Persian Gulf Polymer – 02:13.14
3. Hadiseh Raouf – Persian Gulf Polymer – 02:15.93 (NYR)
4. Sepideh Saremi – Selector – 02:18.67
5. Hanieh Samari – Azad University – 02:19.72
6. Negin Valipour – Sepahan – 02:20.64
7. Sajedeh Fani – Tehran – 02:21.67
8. Fatemeh Gheichivand – Tehran – 02:31.49

400m:

1. Kazhan Rostami – Sepahan – 56.00
2. Zahra Moradi – Persian Gulf Polymer – 56.84
3. Hajar Safarzadeh – North Khorasan – 58.52
4. Hanieh Samari – Azad University – 58.79
5. Sepideh Saremi – Selector – 58.84
6. Marzieh Kamareh – Hormozgan – 59.52
7. Negin Valipour – Sepahan – 1:00.05
8. Mahtab Kiani – Selector – 1:00.52

10000m:

1. Parisa Arab – Azad University – 36:08.54 (NR) & (CR)
2. Parichehr Shahi – Azad University – 40:54.46
3. Fatemeh Ebrahim Mohammadi – Sepahan – 42:28.02
4. Atefeh Azimi – Selector – 43:04.74
5. Fatemeh Sereshti – Tehran – 44:15.36
6. Samaneh Eshaghi – Tehran – 45:03.06
7. Zahra Baouj Rezaee – North Khorasan – 45:19.86
8. Sanaz Shirmani – Persian Gulf Polymer – 57:49.08



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Hammer Throw:

1. Zahra Arab Rostami – Persian Gulf Polymer – 57.33m (NR) & (CR)
2. Reyhaneh Arani – Sepahan – 56.14m
3. Bita Fekri – Azad University – 50.72m
4. Mahdieh Hekmat Sara – Azad University – 50.61m
5. Saba Azimi – Persian Gulf Polymer – 14.86m

400m Hurdles:

1. Kazhan Rostami – Sepahan – 1:01.82
2. Shahla Mahmoudi – Sepahan – 1:02.77
3. Elaheh Seifi – Azad University – 1:05.57
4. Narges Rastegar – Tehran – 1:06.31
5. Marzieh Kamareh – Hormozgan – 1:11.36
6. Mohadeseh Ebrahimpour – Persian Gulf Polymer – 1:15.59
7. Samira Moghaddam – Kohgilkuyeh and Boyer-Ahmad – 1:17.57
8. Pardis Rahimi – Persian Gulf Polymer - DNF

5000m:

1. Parisa Arab – Azad University – 17:14.44 (NR) & (CR)
2. Parichehr Shahi – Azad University – 19:02.76
3. Samira Khodatars – Persian Gulf Polymer – 19:21.40
4. Fatemeh Sima Shadkam – Persian Gulf Polymer – 19:23.27
5. Elaheh Sinakie – Tehran – 20:07.14
6. Atefeh Azimi – Selector – 20:12.86
7. Fatemeh Ebrahim Mohammadi – Sepahan – 20:36.96
8. Samaneh Eshaghi – Tehran – 21:58.81



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Long Jump:

1. Reyhaneh Mobini – Persian Gulf Polymer – 5.74m (*Wind: +2.4*)
2. Elaheh Rahimifar – Azad University – 5.61m (*Wind: +0.9*)
3. Hadis Ahmadi – Sepahan – 5.41m (*Wind: +1.7*)
4. Maral Atarodi – Selector – 5.37m (*Wind: +2.2*)
5. Kimia Pourkhalkhali – Tehran – 5.27m (*Wind: +1.3*)
6. Sarina Saedi – Persian Gulf Polymer – 5.23m (*Wind: +2.5*)
7. Zahra Paryad – Tehran – 5.04m (*Wind: +0.7*)
8. Maryam Kazemi – Sepahan – 4.96m (*Wind: +1.5*)

Discus Throw:

1. Jaleh Kardan – Sepahan – 48.52m
2. Elham Samarghandian – Azad University – 41.10m
3. Fatemeh Zahra Ghorbanian – North Khorasan – 40.85m
4. Elaheh GolMohammadi – The Deaf Team – 34.49m
5. Fatemeh Faraji – Tehran – 28.48m
6. Taravat Molaee – Tehran – 27.69m
7. Bita Fekri – Azad University – 25.75m
8. Zohreh Dadkhah – Isfahan – 23.84m

1500m:

1. Maryam Mahmoudi – Sepahan – 4:45.89
2. Toktam Dastarbandan – Persian Gulf Polymer – 4:46.78
3. Hadiseh Raouf – Persian Gulf Polymer – 4:46.99
4. Fatemeh Nasr – Sepahan – 4:49.07
5. Boshra Ramouz – Tehran – 5:06.18
6. Bahareh Jahantigh – Sistani balouchestan – 5:17.46
7. Zahra Shafi'ee – Azad University – 5:33.73
8. Mahsa Agha Ghaffari – Selector – 5:42.77



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Triple Jump:

1. Sarina Saedi – Persian Gulf Polymer – 12.10 (*Wind: +1.6*)
2. Maryam Kazemi – Sepahan – 11.77m (*Wind: +1.7*)
3. Pardis Abdolmohammadi – Azad University – 11.23m (*Wind: +1.3*)
4. Maral Atarodi – Selector – 11.19m (*Wind: +1.0*)
5. Zahra Paryad – Tehran – 10.89m (*Wind: +1.1*)
6. Narjes Zoghi – Tehran – 10.70m (*Wind: +1.7*)
7. Elaheh Seifi – Azad University – 10.32m (*Wind: +1.5*)
8. Mina Hosseini – Selector – 10.18m (*Wind: 0.0*)

Javelin Throw:

1. Sahar Ziaee – Sepahan – 40.42m
2. Saba Azimi – Persian Gulf Polymer – 32.07m
3. Anis Haghshenas – Hormozgan – 28.58m
4. Sepideh Tavakoly Nik – Azad University – 26.95m
5. Elham Samarghandian – Azad University – 23.75m
6. Mahsa Sarbazi – Selector – 23.48m
7. Niayesh Mosadeghi – Tehran – 23.33m

4x100m relay:

1. Azad University – 48.20
2. Persian Gulf Polymer – 50.08
3. Tehran – 51.05
4. Selector – 52.61
5. Sepahan – Foul



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Heptathlon:

1. Faezeh Tabatabaie – Sepahan – Tally 4373
2. Fatemeh Mohitizadeh – Persian Gulf Polymer – Tally 4369 (NJR) & (100m Hurdles NYR)
3. Elnaz Mousaee – Azad University – Tally 3005
4. Monireh Salimi – North Khorasan – Tally 2173

Tally and Team Standings:

1. Sepahan – 220
2. Azad University – 211
3. Persian Gulf Polymer – 207
4. Tehran – 85
5. Selector – 72
6. North Khorasan – 19
7. Hormozgan – 15
8. The Deaf Team - 5

Three Legs Total Scores and Final Standing:

1. **Title:** Sepahan – 704
2. **Runner-up:** Azad University – 615
3. **Third Place:** Persian Gulf Polymer – 579
4. Tehran – 234
5. Selector – 186
6. North Khorasan – 54
7. Hormozgan – 46
8. Isfahan - 26